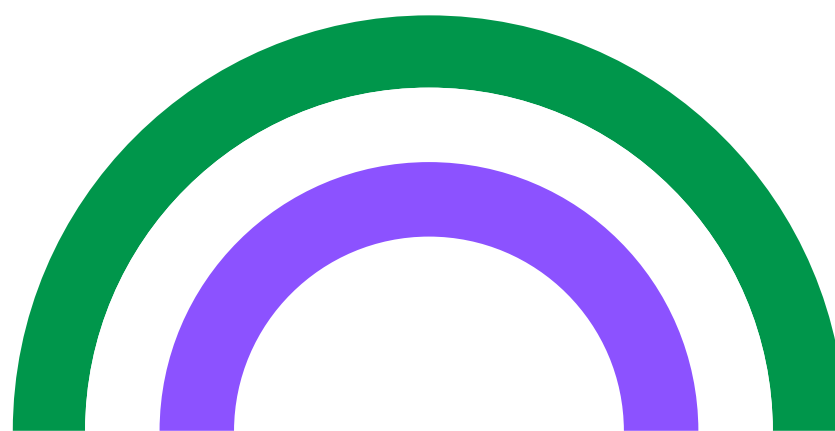


# YOUTH SCREEN



Be Kind to Your Mind

Participation in the Youth Screen program is voluntary, confidential, and free of cost.



## Purpose:

The purpose of Tennessee Voices for Children's Youth Screen program is early detection of various concerns that youth may be experiencing, with the hope that early intervention of these possible concerns will improve their health, well-being, and functioning. Once the screening is completed, if found appropriate, this program will give you the ability to secure help and support for the youth.

## Steps:

- 1) The youth completes a brief questionnaire about vision, hearing, and dental concerns, symptoms of depression and anxiety, suicidal thoughts and behavior, and substance use. They will then meet individually with a qualified mental health professional on our Youth Screen team to discuss their answers.
- 2) You will be contacted only if the youth screens positive for a concern. In this case, our staff will share the overall results with you and discuss ways to get help. If the participant is age 16 or older, they may choose to be followed-up with directly (this does not apply to participants who are found to be at risk of harming themselves or others). Our staff will offer to provide information on resources and services in your area that are personalized to fit the youth's need or request.

**Sign up for a free mental health  
and wellness check-up on the next page!**

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