



**Statewide Family Support Network Outreach and Awareness Program
NE Tennessee COVID 19 Resources and Information
April 7, 2020**

Each day there are a multitude of resources and links shared on social media and through various organizations. We will make every attempt to pull together the most relevant and share them, so you do not need to search. Twice a week (Tuesday and Thursday) we will circulate some of the best resources. We hope this will help you as you and your family deal with this new era of sheltering, home schools, and health crisis.

Community News and Information

JOHNSON CITY'S COVID-19 UPDATES PAGE: Information on this page is updated regularly to ensure citizens have access to the latest information regarding changes in city operations and messaging from city leaders.

<https://www.johnsoncitytn.org/covid-19/index.php>

Education Resources and Information

Education Companies Offering Free Subscriptions due to School Closings (Updated) : Amazing Educational Resources

<http://www.amazingeducationalresources.com/>

12 Museum Virtual Tours: Free virtual tours of 12 famous museums

https://www.google.com/url?q=https://www.msn.com/en-us/travel/travel-trivia/stuck-at-home-these-12-famous-museums-offer-virtual-tours-you-can-take-on-your-couch-video/ar-BB119nm6?li%3DBBnbfcL%26fbclid%3DIwAR0_OBJH7ISyTN3ug_MsOeFnNgB1orTa9OBgilKJ7dhnwIVvHEsptuKkj1c&sa=D&ust=1586284466530000&usg=AFQjCNGTc1_I4HX06Dk07VpZN2eeDf3nZA

Mental Health Resources and Information

How does COVID-19 anxiety impact children? Strategies for parents, teachers and caregivers to manage hidden stress affecting kids during coronavirus lockdown

<https://www.wftv.com/living/family/how-does-covid-19-anxiety-impact-children/BJPFJVKN4FHARLAIGZMEEPG3JI/>

Think Ninja: a mental health and emotional wellbeing app for children and young people that aims to equip them with self-management skills and interactive content that is easy to translate into their daily lives.

ThinkNinja can be downloaded from the [App Store](#) or [Google Play](#).

Healthcare Resources and Information

How to create your own no-sew face mask: The CDC is recommending face coverings for all Americans.

<https://wcyb.com/news/local/how-to-create-your-own-no-sew-face-mask>

TennCare changes rules to cover pediatric therapy via telehealth during COVID-19 pandemic: Kids with special needs will now have access to therapies during the coronavirus pandemic. In a letter sent to health care providers Friday, TennCare announced they will now cover certain therapies delivered via telehealth, essentially an internet video chat.

https://wcyb.com/news/local/tenncare-changes-rules-to-cover-pediatric-therapy-via-telehealth-during-covid-19-pandemic?fbclid=IwAR0cUyGg44681aKfYbbQdf1NnTgk1I5zo4S3rJtXvw5qo2Gr_JrUjGwqOQ

timulus

Coronavirus Stimulus Payments: When Will They Be Sent and Who Is Eligible? More information about the payments from the government.

https://www.wsj.com/articles/everything-you-need-to-know-about-the-payments-from-the-government-11585229988?mod=WCP_FB_BRD_STIMULUS&fbclid=IwAR2r7RDMmPoo6190SjX5YCVRID7cbc7hVSm8j4juFk2FB0sT375IRqkKoJo

Do you have something to share? Have a question? Looking for help? Contact us at: 423-957-2140. (Phone or text) or email: cwells@tnvoices.org