



Statewide Family Support Network Outreach and Awareness Program NE Tennessee COVID 19 Resources and Information April 17, 2020

Each day there are a multitude of resources and links shared on social media and through various organizations. We will make every attempt to pull together the most relevant and share them, so you do not need to search. Twice each week we will circulate some of the best resources. We hope this will help you as you and your family deal with this new era of sheltering, home schools, and health crisis.

Community News and Information

Washington County Sheriff warns residents of new phone scam

<https://wcyb.com/news/local/washington-county-sheriff-warns-residents-of-new-phone-scam>

WCYB: Finding jobs through social media

<https://wcyb.com/news/local/there-are-jobs-out-there-in-all-sectors-in-greene-county-facebook-can-help-find-them>

Education Resources and Information

Rescue Ranch Virtual Classroom: Here at Rescue Ranch we have created a virtual classroom where your children can learn about animals and participate in fun STEM projects with materials found right inside your home!

https://www.rescueranch.com/programs/virtual-classroom/?fbclid=IwAR2oZQsTorCiy405Ie74HXsYUBtWJOHA7qPan_qcJJoB001wg5233cWMeI

Disney Magic Moments lets you experience the magic of Disney wherever you may be. Enjoy Disney, Pixar, Star Wars, Marvel, and National Geographic with stories, videos, and activities to inspire imagination and discovery among kids, fans, and families alike.

<https://news.disney.com/magicmoments>

Mountain Electric: The Energy Right Solutions for Youth lesson plans comply with the state learning standards for the seven states served by the Tennessee Valley Authority (TVA) for grades three, four, and five. Applicable state learning standards are listed on each lesson plan, along with recommendations for the amount of time to spend covering certain parts of a given lesson and each lesson plan lists needed materials if the educator elects to engage a group in recommended experiments.

<https://www.mountainelectric.com/education-programs/>

Mental Health Resources and Information

Psych Central: Join us on Facebook LIVE on Friday, April 17th, for another Zoom panel discussion about Coping with Coronavirus Anxiety & Social Distancing with Gabe Howard, Dr. John Grohol, and invited guests!

<https://www.facebook.com/photo?fbid=10157936074118046&set=a.10151121488643046>

Cherished Moms: Webinar series on parenting during COVID

http://www.cherishedmom.org/survivalmode/?fbclid=IwAR0pV4_FaZ3aVdhwNRVDIfVxfhgijvVCyQo5Z2dW9GcYFtcTILrzngvHJIA

Healthcare Resources and Information

New York Times: Children May Be Afraid of Masks. Here's How to Help.

https://www.nytimes.com/2020/04/13/well/family/coronavirus-children-masks-fear.html?fbclid=IwAR05Trg-e48rREjfTsMhGMIXycZz_NuUrvngTCmSRVxIRhHu_5AmGGiPpLo

Humana: virtual classes—2 per day, for more than just physical health. You don't have to be a Humana member because everyone is welcome.

https://humanahealth.webex.com/webappng/sites/humanahealth/meeting/home?fbclid=IwAR3tg3_JGu_gh93FMp-ajeC3d5qKS5J9F8prCG3KcA0ChLXQcX4zJ93D2XI

Do you have something to share? Have a question? Looking for help? Contact us at: 423-957-2140. (Phone or text) or email: cwells@tnvoices.org