



Statewide Family Support Network Outreach and Awareness Program NE Tennessee COVID 19 Resources and Information April 14, 2020

Each day there are a multitude of resources and links shared on social media and through various organizations. We will make every attempt to pull together the most relevant and share them, so you do not need to search. Twice each week (Tuesday and Thursday) we will circulate some of the best resources. We hope this will help you as you and your family deal with this new era of sheltering, home schools, and health crisis.

Community News and Information

Tennessee 'Stay-At-Home' Order continues through April 30 with look to open economy in May

<https://wcyb.com/news/local/tennessee-stay-at-home-order-continues-through-april-30-with-look-to-open-economy-in-may-04-13-2020-204119892>

COVID-19 Medical Professional and Non-Medical Responders: For furloughed workers looking for employment or volunteer positions, click here for more information and to register with the State of Tennessee Medical Reserve Corps Program. Medical and non-medical support is needed!

<https://www.tn.gov/health/cedep/cedep-emergency-preparedness/volunteer-mobilizer.html>

Ballad Health officials on Monday announced the consolidation of pediatric, labor and delivery services in the Kingsport area to Indian Path Community Hospital, while focusing high-acuity and COVID-19 treatment at Holston Valley Medical Center.

<https://wcyb.com/news/local/ballad-health-announces-consolidation-of-services-in-kingsport>

Education Resources and Information

30 Creative Activities for Kids

<https://education-static.apple.com/creativity-for-kids/activities.pdf>

Mommy Gearest: Free homeschooling resources & a kid-friendly schedule during COVID-19

<https://www.mommygearest.com/free-homeschooling-resources-covid-19/>

CK-12: CK-12 is run by a nonprofit organization and provides totally FREE learning for in 1st grade and up with a handful of college courses. The courses offered include Math, Science, English, and Social Studies.

<https://www.ck12.org/student/>

Mental Health Resources and Information

One in Five Minds: How to Talk to Your Child About COVID 19-Hhelpful and meaningful ways you can talk with your children about almost any difficult subject, including COVID-19.

<https://info.1in5minds.org/blog/how-to-talk-with-children-about-covid-19>

One in Five Minds: Template for developing a schedule

<https://www.1in5minds.org/files/documents/schedule%20template.pdf>

Healthcare Resources and Information

How to Make a Facemask

<https://www.bing.com/videos/search?q=how+to+make+a+face+mask&docid=608056103284772070&mid=01FACDBA570EFCE1769A01FACDBA570EFCE1769A&view=detail&FORM=VIRE>

Use of Cloth Face Coverings to Help Slow the Spread of COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Do you have something to share? Have a question? Looking for help? Contact us at: 423-957-2140. (Phone or text) or email: cwells@tnvoices.org