

Early Childhood Program

Virtual Office Hours

Are you looking for support with:
How to help a child struggling with behavior, peer relationships, or emotional regulation?

Virtual Office Hours are short-term, collaborative, problem-solving conversations via zoom. Services are available at no-cost to families, childcare professionals, and educators of children birth to eight years old in TN.

What to expect:

Virtual office hours can help promote understanding of the "why" behind challenging behavior, how to approach challenging behaviors through a positive, preventative stance and consider next steps.

Appointments are held on the 2nd Friday and 4th Wednesday of the month. Other days/times may be offered upon request.

To schedule an appointment, register [here](#) or scan the QR code.



TN VOICES

Support Services From
Firsthand Experiences



Department of
**Mental Health &
Substance Abuse Services**