

TN VOICES

THE COLLABORATIVE LEADER GUIDING
MENTAL HEALTH TRANSFORMATION

Winter 2021



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MENTAL HEALTH TRANSFORMATION

Winter 2021

a letter from the CEO



I find it so hard to believe that we are saying goodbye to 2021 already and ringing in a new year. I feel forever changed by 2020, and 2021 was certainly a time for healing and restoration in many ways. However, I am reminded of the journey ahead of us all as we continue to find our way through so many challenges as a society.

I would be remiss if I didn't acknowledge that we will all think about how much 2020 impacted us as we come upon the anniversary of the Christmas Day bombing in Nashville. I am also thinking of those who have recently experienced loss from tornadoes right here in the midst of "the most wonderful time of the year". How painful for so many to have these hardships turned into memories etched on our hearts forever.

There is hope. In mental health each and every day we see tragedies turn into triumphs and hardships turn into happiness as we help people overcome and journey forward. We think every person deserves to be happy and healthy and it is our vision to provide that hope to all generations! If you need us, we are here to help.

Happy Holidays and Happy New Year!



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Events

Out of the Darkness Walk

On Saturday, October 30, 2021, several employees represented TN Voices at Two Rivers Park in Nashville, TN, to help spread awareness regarding services and programs available to the community regarding mental health. Out of the Darkness hosts events across the country to raise not only awareness about the importance of safeguarding your mental health, but also monetary donations gained through the walk invest in life saving research, education, advocacy, and support for those impacted by suicide.

Participants were able to learn about the various programs offered at TN Voices and the incredible work that happens through the agency. Specifically, our Youth Screen and TN Screen programs were highlighted as they screen individuals for mental health symptoms and suicidal risk. More importantly, participants were given an outlet to seek services and speak to professionals on site about how to seek those mental health services and where to turn if found in a crisis situation.

Out of the Darkness hosts their events come rain or shine across the country almost monthly year-round. For more information about Out of the Darkness, go to the American Foundation for Suicide Prevention.



Cycle Bar Event

Nicole Bugg (Director of Community Outreach and Engagement) and Mark McFerran (CDO) attended the Fall Fest 2021 at Cyclebar in Hendersonville, TN. The event promoted health and fitness. TN Voices was invited to promote the services we offer for mental health. While at the event, Nicole and Mark were able to share the Story of Hope that would be aired on November 16, 2021, and Mark even took a cycle class while there.



Events

Second Annual Memorial March

TN Voices participated in the Second Annual Memorial March on November 20, 2021, in Hamblen County. This event is held in honor of those who have died from substance abuse and support to those who struggle with substance abuse and mental health concerns. Information on mental health resources and advocacy were made available prior to the march through the Statewide Family Support Network at the TNV booth. Information on the System of Care was available at the SOCAT booth and through discussions with Randall Sidwell, TNV's Community Engagement Specialist.

TNV was grateful for the opportunity to collaborate with the Hamblen County Substance Abuse Coalition and other agency partners to provide needed resources and information, reducing stigma surrounding mental health needs, and to offer hope to those in the community.



Survivor Connection West

During the Thanksgiving Holiday, Survivor Connection West staff went above and beyond to bring hope to clients in West TN by making sure three families were able to enjoy a Thanksgiving feast. One family in Shelby County has six siblings in the household and was sponsored by Blue Cross Blue Shield. The second family with three children in Shelby County was sponsored by Juvenile Court Trauma Intervention staff. Finally, the third family was in Fayette County with a sibling group of two and was sponsored by Pastor Rosser and his Church and Project Outreach. We had three families in need of housing and all were able to move into their own home in time to celebrate Thanksgiving, it was definitely a joyous time for them!

All families were able to celebrate on Thanksgiving thanks to the collaborative community partnerships formed by Daisy Brown, FSS, and Scottie Perry (Care Coordinator) in the West TN area.



Fundraising Events



Story of Hope

Our Story of Hope show was held on Tuesday November 16th at 7pm, streamed live on our website, Facebook and YouTube.

We had hundreds of people log on and watch the 20 minute film aimed to help Tennesseans out of a season of languishing and move forward into a season of flourishing.

We recognize Tennesseans have been through an extreme eighteen month season of natural disasters and traumas, and many of these specific to our state alone. The song "Together", written and performed by For King & Country, Tori Kelly and Kirk Franklin, presented in Story of Hope, is a joyous celebration of moving from Languishing to Flourishing together.

If you missed the show, you can still stream it on our website, as well as our Facebook and YouTube channels.

Giving Tuesday

TN Voices participated in Giving Tuesday in partnership with the work the incredible organization is doing across the globe.

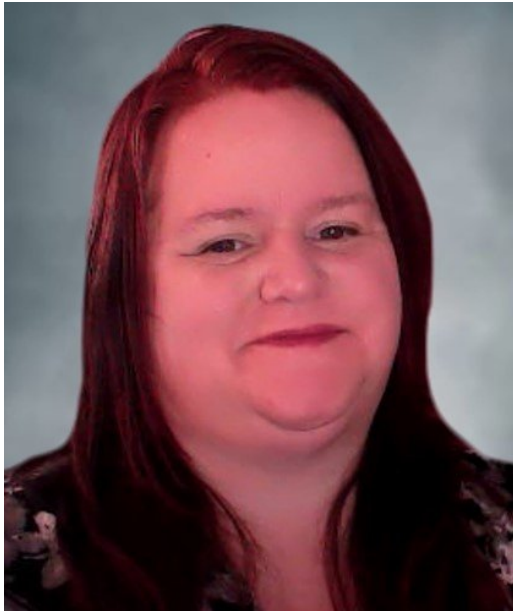
This year, our aim was to give our resources to our supporters as a thank you to the generosity we have received throughout the year. These resources include a three page Languishing to Flourishing toolkit, a guided meditation, our CAN+DID podcast, and our online library including mental health fact sheets. We have worked so hard to provide these resources for you and we are thrilled to release them in a time that will help through the holidays.

Looking forward into 2022, we are grateful for those who have given their time, finances and resources to help us continue to provide these resources for you! We have so much in store and we are excited about the new releases coming up in the new year.

Make sure to follow us on our social media platforms and check our website often for updates and new opportunities!



Employee Highlight



Amy Blackwell

Amy Blackwell, Certified Family Support Specialist/Certified Family Peer Specialist, was awarded the 2021 Reclaiming Children's Award from the National Federation of Families on November 4th, 2021. The national award was established to recognize an individual who has demonstrated outstanding efforts at the local or state level on behalf of families whose children experience mental health and/or substance use challenges, while also making significant contributions to enhancing the lives of families in their own community.

Amy was honored for positive impacts on the region she serves through trainings, collaborative efforts with local agencies, and for exceptional peer support provided to families through her efforts as a Certified Family Support Specialist while working from 2018-2021 in the System of Care Across TN program and most recently in the Statewide Family Support Network program as an Outreach Specialist in East Tennessee.



Natalie Hanlon

Natalie Hanlon is the Board Certified Psychiatric Nurse Practitioner with TN Voices, providing medication management services.

Natalie primarily provides medication management services for the ILS and TMI programs, providing care for the severe and persistent mentally ill population. She is actively growing the outpatient program, which services clients enrolled in other programs within TN Voices, as well as outside referrals from the community. Medication management is open to all age ranges and is an important aspect of the treatment regimen. In addition to therapy and other support programs, medication management can aid the client on their journey to decreased mental health symptomology and a brighter future.

Natalie's goal in her role with TN Voices is to "be a part of the holistic approach in treating mental health symptoms and being a patient advocate, particularly for those patients that are unable to advocate for themselves and/or do not have any outside supports advocating for them."

New Positions Open



Available Positions

Below is a list of our current open positions:

- **Certified Psychological Assistant**
- **Clinical Program Manager**
- **Community Engagement Specialist (Middle TN)**
- **Community Outpatient Therapist (Middle TN)**
- **Family Support Specialist (FAST Program)**
- **Intake Coordinator**
- **Mental Health Assistant Program Manager**
- **Mental Health Residential Specialist**
- **Mental Health Therapist**
- **Outreach Coordinator**
- **Outreach Specialist (Middle TN)**
- **School Based Behavioral Health Liaison (Houston County)**
- **School Based Behavioral Health Liaison (Macon County)**
- **School Based Behavioral Health Liaison (Wayne County)**
- **Youth Screen Regional Site Coordinator (East TN)**

Each position is unique in location and qualifications. For a complete list and description of each open position, check out our website at <https://tnvoices.org/about-tvc/employment/>

We're Hiring!

TN Voices is working diligently to expand our organization and that starts with YOU! We are now offering many new positions all across the board, and we are thrilled to be offering new opportunities within our organization.

TN Voices is an agency that focuses on not only the empowerment of children, youth, and adults, but also the empowerment of our staff. A career at TN Voices offers a motivating and team player environment. This is also inclusive of a newly enhanced comprehensive benefits package for full-time employees including Health, Dental, Vision, Company Paid Life Insurance, 403b plan with match and supplemental benefits options – in addition to thirteen (13) paid holidays and a generous PTO accrual system





We would like to thank you for following along with us this year and for investing your time, finances and resources into TN Voices. We have grown so much this year, and we hope to continue to grow alongside you as we all move out of Languishing and into a new season of Flourishing. May you be blessed this season and we look forward to what we can accomplish together in 2022!

Love,
Your TN Voices Family